

Woodbrook College Wellbeing Provision 2019-20 (2nd year)

Information for Parents and Students

PE	Personal Physical Activity Programme (Physical Activity for Health and Wellbeing)	Basketball (Games)	Acrosport (Gymnastics)	Orienteering (Team and Individual Challenges)	
CSPE	Development- Scales and Measurements of Development	Development- Poverty, Charity and Justice	Sustainable Living – the Planet and Ecological Footprint	Sustainable Living – Environment and Affecting Change	Global Change – Globalisation, Global Trade and Fair Trade
SPHE	Who am I?	Minding Myself and Others	My Mental Health	Anti-Bullying and Mental Health Awareness	Team Up (Healthy relationships)
Personal Development	Philosophy for Children		Global Citizenship		Write a Book
Tutor and Guidance	Study Skills	Healthy Eating	Attendance and Punctuality	Personal Safety	Building Resilience